Acupuncture by Dr. Christina Fick, L.Ac.

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Symptoms tracker log

By tracking your symptoms honestly, it is easier for your Acupuncture Physician to track and accurately treat your symptoms and the root cause. No one treatment is the same, no person develops their disease the same. You as the patient, knows your body the best. The better you can communicate your symptoms, the easier it will become to treat them, find triggers, and develop solutions. This is best to do in the beginning of starting acupuncture treatment sessions.

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Checkmark or "X" the appropriate box		a copies a copiesa con	r manager o
12 hours after 1st Acupuncture Treatment	Better	Worse	The Same
Symptom 1:			and the second
Symptom 2:	menusell'equ'	and Acupa (ista eyah L
Symptom 3:			2 (2003/03/4)
		7	ery ser
1 day after 1st Acupuncture Treatment	Better	Worse	The Same
Symptom 1:			
Symptom 2:			.cus.
Symptom 3:			
3-5 days after 1st Acupuncture Treatment	Better	Worse	The Same
Symptom 1:	have been	Manage F	the second
Symptom 2:			forcigneys
Symptom 3:			no nikayay
Notes:		and the probabilities	FISHTON
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the second secon			

See backside

12 hours after 2nd Acupuncture Treatment	Better	Worse	The Same
Symptom 1: SU TO TO THE PROPERTY OF THE PROPER	375		
Symptom 2:	a a digitalia	of providence of	11 1/20/20/2011
Symptom 3:	W 48 26 7 12 3	off to the critic	do feye widt. 1gi
		- 111	
1-3 days after 2nd Acupuncture Treatment	Better	Worse	The Same
Symptom 1:	west claim	WORKE STIT	King tempo
Symptom 2:			The second secon
Symptom 3:	E DIRECT CON	1 AMOUNT 15	E DOMES BEEFFE
			A STORY I
4-5 days after 2nd Acupuncture Treatment	Better	Worse	The Same
Symptom 1:			t makeny
Symptom 2:		- Harry rape & Links of the	
Symptom 2: Symptom 3: Notes:	7 2003 2 5 7 2 4 2 7	of the sugar	4000
Symptom 3: Notes:	72-31.17.11.12		4 m/c or y
Symptom 3: Notes:	Better		4 m6 or y
Symptom 3: Notes: 1 day after 3rd Acupuncture Treatment	T	Si Actions of	4 mk and and a second a second and a second
Symptom 3: Notes:	T	Si Actions of	The Same
Symptom 3: lotes: 1 day after 3rd Acupuncture Treatment Symptom 1:	T	Si Actions of	The Same
Symptom 3: lotes: 1 day after 3rd Acupuncture Treatment Symptom 1: Symptom 2:	T	Si Actions of	The Same
Symptom 3: 1 day after 3rd Acupuncture Treatment Symptom 1: Symptom 2: Symptom 3:	Better	Worse	The Same
Symptom 3: 1 day after 3rd Acupuncture Treatment Symptom 1: Symptom 2: Symptom 3: 4-5 days after 3rd Acupuncture Treatment	Better	Worse	The Same